

**AMERICAN NATUROPATHIC RESEARCH INSTITUTE
NATUROPATHIC ONCOLOGY RESEARCH INSTITUTE**

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**JOINT MEETING OF THE
AMERICAN NATUROPATHIC RESEARCH INSTITUTE (ANRI)**

**AND THE
NATUROPATHIC ONCOLOGY RESEARCH INSTITUTE (NORI)**

**AND THE
INTERNATIONAL NATUROPATHIC CLINICAL RESEARCH INSTITUTE**

**AND THE
INSTITUTIONAL REVIEW BOARD (IRB)**

November 8, 2019

MINUTES AND MEETING NOTES

In accordance with the requirements of the United States Code of Federal Regulations, Title 21, Chapter 1, Subchapter A, Part 56, the fortieth regular quarterly meeting of the American Naturopathic Research Institute (ANRI) and the Naturopathic Oncology Research Institute (NORI) and the International Naturopathic Clinical Research Institute (INCRI) and the Institutional Review Board (IRB) was called to order at 12:05 p.m., November 8, 2019 at 1250 E. Baseline Rd., Suite 203, Tempe, AZ 85283.

MEMBERS AND GUESTS

10 physicians and 3 non-physicians were in attendance.

EARLY UPDATE ON A RECENTLY APPROVED EXTRACT

There are patients who have completed the Informed Consents and are now ready to begin this clinical study. Outcomes will be shared with us at the next meeting. Outcomes will be examined at 4 months, and then hopefully at 6 months also.

NEW TREASURER NEEDED

The previous treasurer is no longer available for that position. A new treasurer was nominated. There was a motion made and then a 2nd, a 3rd, and then there was unanimous approval for the new treasurer.

ARE VITALS NEEDED EVERY TIME ON EVERY PATIENT?

There is a concern among naturopaths about “falling below standard of care” by not taking vitals every time. That misconception likely came from a common misperception of a case before the Naturopathic Board over a year ago. One doctor complained about another for not taking vitals each time on a patient. The Board deliberated, and the accused doctor defended himself by showing there was no need for taking vitals at every visit, so the case against him was dismissed. There are so many indicators of health, that that’s just one of them.

Concern was expressed that if you measure somebody’s blood pressure every time you see them, you could induce an anxiety about blood pressure that was not there, especially if they come in frequently for a different concern – antithesis of First Do No Harm. Appropriate vitals, such as listening to heart if palpitations, or palpating lymph nodes if they’re swollen- would likely be better indicated.

Our attorney discussed this matter and relevant considerations with us.

FECAL TRANSPLANTS

Travis Christofferson has a new book, Curable. He discusses how people think and how they make decisions, and what all this has to do with fecal transplants.

ANNUAL UPDATES ON RESEARCH THAT THIS IRB REVIEWS

We need to remind those with research reviewed by this IRB to come in to give us an annual update. We will contact those who are due to give annual updates.

SCHEDULED UPDATES

We have begun to add to the next meeting’s schedule to update research studies.

UPRISING OF THE SECRETARY

ANRI / NORI’s secretary reminded the group that she has no extra time at all to do anything other than what she has been doing: meeting agenda, reminder e-mails, minutes, registering new

studies with OHRP/FDA. And she cannot make time for additional work. Therefore, anybody who points to her and says “You should . . .” or “You need to . . .” will themselves have to organize or volunteer the required hours to accomplish the task agreed upon by the group.

NEXT MEETING

The next meeting is noon on Friday, February 7, 2020, the usual place.