

**AMERICAN NATUROPATHIC RESEARCH INSTITUTE
NATUROPATHIC ONCOLOGY RESEARCH INSTITUTE**

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**JOINT MEETING OF THE
AMERICAN NATUROPATHIC RESEARCH INSTITUTE (ANRI)**

**AND THE
NATUROPATHIC ONCOLOGY RESEARCH INSTITUTE (NORI)**

**AND THE
INTERNATIONAL NATUROPATHIC CLINICAL RESEARCH INSTITUTE**

**AND THE
INSTITUTIONAL REVIEW BOARD (IRB)**

August 21, 2020

MINUTES AND MEETING NOTES

In accordance with the requirements of the United States Code of Federal Regulations, Title 21, Chapter 1, Subchapter A, Part 56, as well as Title 45, Part 46, the forty-second regular quarterly meeting of the American Naturopathic Research Institute (ANRI) and the Naturopathic Oncology Research Institute (NORI) and the International Naturopathic Clinical Research Institute (INCRI) and the Institutional Review Board (IRB) was called to order at 12:05 p.m., August 21, 2020 at 1250 E. Baseline Rd., Suite 205, meeting in Suite 203, Tempe, AZ 85283.

MEMBERS AND GUESTS

9 physicians and 3 non-physicians were in attendance.

NEW RESEARCH FOR IRB REVIEW

A new clinical trial was discussed. A widely used and well-tolerated treatment was discussed applied to a certain category of individuals. We discussed mechanism of action, known side effects if any, protocol, patient recruitment, exclusion criteria, duration of study, measurement of

objectives, informed consent, and how to proceed if a patient could no longer continue or wished to stop the study

We discussed whether some signs are monitored or only symptoms. At this point, only self-reported symptoms will be assessed.

There was a motion to approve, and it was seconded.

The motion passed, and the researcher has the approval of the IRB for his study.

A CASE SERIES

A doctor discussed his experience treating patients with a particular condition. In all, no fewer than nine different ways of treating this same condition, in which patients' symptoms resolved, were discussed at the meeting.

Decision of group: This doctor shall please continue this research as a case series, using the materials best suited to each patient and their presentation. Then in November, please return and let us know how they are doing, and what treatments were found to be most helpful.

MYOPIA CLINICAL STUDY

One doctor discussed a self-imposed study that literally and figuratively groped blindly toward its current status over 14 years. Over this time, the working hypothesis evolved and has now guided the current practice.

This study will be continued and expanded to patients seeking this treatment. Suggestions were made also regarding other methods of treating myopia.

NEXT MEETING

We agreed to meet in the usual place Friday, November 13, noon.

The meeting was adjourned at approximately 3:15 pm.